



St Paul's Cathedral, Sale / Wayput

St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport

We acknowledge the Gunaikurnai people as the original custodians of this region.

All churches of the parish stand on the lands of the Gunaikurnai people.

Dean: The Very Reverend Keren Terpstra 0438 220 878

KerenT@gippslandanglicans.org.au

Cathedral Office: 149 Cunninghame Street P.O. Box 691 Sale Vic 3850

Phone: 5144 2020 **email:** stpaulssale@wideband.net.au

Website: stpaulssale.org.au **Facebook:** www.facebook.com/StPaulsCathedralSale

YouTube: St Paul's Cathedral Sale

Cathedral Parish Vision: *To lead the Cathedral*

Parish in being God's beating heart for our communities.

18th October 2026

St Luke A & M

Sentence from Scripture

The harvest is plentiful, but the labourers are few; ask therefore the Lord of the harvest to send out labourers into his harvest. *Luke 10:2*

Prayer of the Day

Almighty God,
who inspired your servant Luke the physician
to set forth in his gospel
the love and healing power of your Son:
graciously continue in your Church
this love and power to heal,
to the praise and glory of your name;
through Jesus Christ our Lord,
who lives and reigns with you,
in the unity of the Holy Spirit, one God,
now and for ever. **Amen**

Year of Prayer 2026

Lord, teach us to pray.
Teach us to listen to your voice
and to hear your word.
Teach us to offer our hearts to
you in love and to know your
love. Teach us to forgive and be
forgiven. Teach us to give our
lives in your service and to do
your will. Teach us to pray, and
pray in us, Lord Jesus. Amen.

Holy Communion Services at St Paul's:

Sundays - 8.00am and 10.00am Wednesdays - 10.00am in the Lady Chapel

Sunday Evenings 3rd Sunday of the month @ 5pm **Contemplative Service**

Morning Prayer 9am on Fridays

Outcentre Services:

St Anne's Golden Beach 10.30am 1st Sunday & 3rd Sunday of the month

St Alban's Kilmany 2.00pm 3rd Sunday of the month (Not in December or January)

St Mark's Loch Sport *No Services*

Zoom Links: Evening Prayer: **Daily at 5.30pm - 6.00pm**

Meeting ID: 879 3927 8803 Passcode: Prayer

Meditation:

Weekdays: silent Christian Meditation, 8.15am-8.45am

Meeting ID: 809 497 711 Passcode: 600361

Associate Priest/Hospital Chaplain: Rev'd Heather Toms 0400 512 217

mhtoms@westnet.com.au

Honorary Deacon Rev'd Kate Campbell 0402514829 khcampbell55@gmail.com

Our parish is committed to ensuring our centres of worship and outreach are safe places for all, especially children and vulnerable people.

We have a duty of care to protect all who participate in the life of the church from abuse. We have zero tolerance for abuse of any kind.

If you are concerned about your own or somebody else's safety, or have witnessed behaviour that makes you feel uncomfortable you can contact the Deputy Director of Professional Standards in the Gippsland Diocese, Julie Reilly Mobile: 0456 572 589 Email: julie@kooyoora.org.au You may also like to talk to the Dean or the Lay Canons, or if this is a really serious matter, go directly to the police, and then to the above.

Cathedral Prayer Chain Requests

Please contact Trish Broadbear 0418 104 840

The prayer chain is for anyone in need of prayer

A Reading from The Prophet Jeremiah

Is there no balm in Gilead?

Is there no physician there?

Why then has the health of my poor people
not been restored?

O that my head were a spring of water,
and my eyes a fountain of tears,
so that I might weep day and night
for the slain of my poor people!

O that I had in the desert
a traveller's lodging-place,
that I might leave my people
and go away from them!

For they are all adulterers,
a band of traitors.

They bend their tongues like bows;
they have grown strong in the land for falsehood, and not for truth;
for they proceed from evil to evil,
and they do not know me, says the LORD . *Jeremiah 8.22 – 9.3*

Hear the word of the Lord. **Thanks be to God.**

Psalm 145.10-18

All creation praises you, O Lord:

and your faithful servants bless your name.

They speak of the glory of your kingdom:

and tell of your great might,

That the whole earth may know your mighty acts:
and the glorious splendour of your kingdom.
Your kingdom is an everlasting kingdom:
and your dominion endures through all generations.
The Lord upholds all those who stumble:
and raises up those that are bowed down.
The eyes of all look to you in hope:
and you give them their food in due season;
You open wide your hand:
and fill all things living with your bounteous gift.
The Lord is just in all his ways:
and faithful in all his dealings.
The Lord is near to all who call upon him:
to all who call upon him in truth.

A Reading from the Second Book of Timothy

Do your best to come to me soon, for Demas, in love with this present world, has deserted me and gone to Thessalonica; Crescens has gone to Galatia, Titus to Dalmatia. Only Luke is with me. Get Mark and bring him with you, for he is useful in my ministry. I have sent Tychicus to Ephesus. When you come, bring the cloak that I left with Carpus at Troas, also the books, and above all the parchments. Alexander the coppersmith did me great harm; the Lord will pay him back for his deeds. You also must beware of him, for he strongly opposed our message. At my first defence no one came to my support, but all deserted me. May it not be counted against them! But the Lord stood by me and gave me strength, so that through me the message might be fully proclaimed and all the Gentiles might hear it. So I was rescued from the lion's mouth. *2 Timothy 4.9-17a*

The Gospel of our Lord Jesus Christ according to Luke

Glory to you Lord Jesus Christ

After this the Lord appointed seventy others and sent them on ahead of him in pairs to every town and place where he himself intended to go. He said to them, 'The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into his harvest. Go on your way. See, I am sending you out like lambs into the midst of wolves. Carry no purse, no bag, no sandals; and greet no one on the road. Whatever house you enter, first say, "Peace to this house!" And if anyone is there who shares in peace, your peace will rest on that person; but if not, it will return to you. Remain in the same house, eating and drinking whatever they provide, for the labourer deserves to be paid. Do not move about from house to house. Whenever you enter a town and its people welcome you, eat what is set before you; cure the sick who are there, and say to them, "The kingdom of God has come near to you." *Luke 10.1-9*

For the Gospel of the Lord. **Praise to you Lord Jesus Christ.**

Reflection

Today we celebrate St Luke the Evangelist. As we read in the second reading, he's one of Paul's coworkers named at the conclusion of a letter to Timothy, and by tradition, Luke wrote the gospel that goes by his name and the book of Acts (which is supposed to be taken as one, or a two-volume set). Luke is associated with healing professions, being also a physician. This is also why we have the reading of lament from Jeremiah - "Is there no balm in Gilead?" Balm of Gilead was a medicament attested to in a number of ancient resources, and it was particular to Gilead, the region beyond the Jordan river. But what the actual plant was from which it was derived is hotly debated.

Luke's gospel generally has a focus on Jesus' healing miracles, painting a picture of Jesus, the true Lord of all, the divine Son of God and healer-king, healing being something that for Luke's likely largely Gentile audience would have "proved" Jesus' Lordship (as opposed to the lordship of Caesar).

Take a moment today to pray especially for all those who are in the business of healing people's ailments of mind and body. Pray for healing for those who are sick. It's a useful moment for us to remember that prayer is heard and answered...

Dean's Desk

Today please take a moment after church to complete the NCLS survey. We are undertaking this survey along with the rest of our Diocese, and it's a bit like the census, in that it provides useful data about what's going on in church congregations. If you don't have time to finish it today, please **return it to my letterbox at 63 Market St by the 1st November**.

Please pray for the family of Joy Harrington, whose funeral will be held here on Wednesday at 11:30am. Joy was a long-time parishioner at the cathedral. May she rest in peace and rise in glory.

Tomorrow the cathedral will be hosting visits from Year Six at St Anne's campus of Gippsland Grammar. You may recall the other year levels visited back on the 17th August, but Year Six had other commitments. I'll be speaking with them about belonging and how the plaques around the cathedral point to what and who we are connected to across time and space - the bigger picture.

We are planning for a Blessing of Backpacks and Briefcases for Sunday 31st January 2027, a service at which kids, teachers, and families from local schools will be invited to bring their bags to be blessed ahead of the new school year. The group planning this will be meeting this Wednesday at 4:30pm.

Next week there will be the last meeting of our current Chapter before the Annual Meeting on 22nd November. At this meeting we will be considering the budget and a bunch of other key strategic matters. Please be prayerfully holding our Chapter members in this coming week.

In two weeks' time we'll be observing All Saints/All Souls (1st November). Please make sure you write the names of loved ones you'd like to be remembered on the list in the foyer. All Saints' is a time when we remember those who have gone before us in faith, and that we are connected to the "vast cloud of witnesses" who have gone before us, and to those who will come after.

Keren

Strategic plan

Last week, I promised an overview of the Strategic Plan developed by Chapter last year. Greater Chapter has a parallel Strategic Plan. Let me comment firstly that this is a working document, and is shortly to be updated. Chapter has been working to the Strategic Plan over the last two years, and this year I have been reporting to the Strategic plan in my monthly Dean's reports to Chapter.

St Paul's Cathedral Sale: Strategic Plan 2025-2030

Diocesan Vision

Committed in Christ, Connecting in Service, Creative in Spirit

Our Shared Vision (with St Paul's Cathedral Greater Chapter)

To be a beating heart for God in Gippsland.

Chapter Mission

To lead the Cathedral parish in being God's beating heart for our communities.

Chapter and Greater Chapter Strategic Pillars

<i>Central idea</i>	<i>Chapter</i>	<i>Greater Chapter</i>
How do our hearts beat... for God?	Discipleship	Formation
Where are our hearts at home?	Welcome/Belonging	Connection
How do our hearts beat for each other?	Culture	Extension
Who are we at heart?	Identity	Tradition

You can see from this that the four strategic pillars of both plans align, giving four focus areas for each group. For Chapter, that's Discipleship - how our hearts beat for God; Welcome/Belonging - where are our hearts at home; Culture - how our hearts beat for each other; and Identity - who are we at heart?

The image of the beating heart is a powerful one. Something that is alive, throbbing with life and vitality. It suggests our hearts need first to align with God's heart: to love God with all that we are and have, and to love neighbour as we love ourselves. It invites us to be continually walking with Jesus, for our hearts to change so that we can become more like him, who is the image or ikon of the invisible God.

Over the coming weeks, I'll elaborate on each individual pillar, so watch this space!
Keren

From Rev Heather

As part of our shared journey of care, I am holding a three-week exploration of **Called to Care for People and Planet** at the Cathedral, drawing directly from the Anglican Overseas Aid material we will be following. Together we will move through the six chapters in a spacious and prayerful way:

Starting THIS Wednesday 2pm

Week One — God's Call to Care {Chapters 1 and 2},

Week Two — Listening Deeply & Understanding Barriers, {Chapters 3 and 4},

Week Three — Wise Action & Faithful Change {Chapters 5 and 6}.

This offering is a quiet invitation to sit together as community, to listen for what God is asking of us, and to deepen our shared commitment to caring for one another and for the earth that sustains us.

If you would like to purchase the book *Called to Care*, you can do so by visiting the Anglican Overseas Aid website: anglicanoverseasaid.org.au.

Mission of the Month: CMS

The Church Missionary Society (CMS-UK) was founded in England in 1799 by a small group of Anglican evangelicals with a passion for worldwide gospel outreach. They included John Newton, who wrote Amazing Grace, and William Wilberforce, who was a leader in abolishing the slave trade in England. This passion for people to hear the gospel saw CMS-UK turn its attention to Australia, beginning in 1825. CMS Australia now has six state branches.

The purpose of CMS is to 'work with churches to set apart godly people as long-term cross-cultural gospel workers.' Their mission is to 'reach gospel-poor peoples for Christ; equip Christians as leaders in the church and the world; and engage churches in cross-cultural mission'. CMS works in many countries around the world. For more information, see the mission board in the foyer or go to <https://cms.org.au/>. You can also make a donation via the website, or by placing funds in an envelope, marking it CMS, and placing in the offertory at church.

Coming up:

Saturday 21 November **Hymnfest** with the Sale City Band

Blessing of backpacks and briefcases on Sunday 31st January next year

Craft Group is whatever people who come want it to be. 10am Thursdays. Come for a cuppa and a chat, stitch, knit, crochet, colour. More information Phone Jenny 0457 455 503

We are continuing to support local state **primary schools with breakfast items**
Donations can be left in the breakfast club basket in the foyer.

Food items suitable for donation are milo, muesli bars, pancake mix, jam, fruit cups, sliced cheese and margarine. Contact Kathy J 0400 444 416

10c recycling Bottles and cans can be left at Church to raise money. Plastic lemonade etc larger bottles, even the small juice cardboard ones as well as cans are suitable - Drop them in the small bin with yellow lid in the foyer, or see Christine.

Internet Bank Transfer: Cathedral's ministry and mission BSB 013-795 Account no: 4962-98866 Ref: Offering etc.
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PARISH CONTACTS

Lay Canons: (*Their Portfolio*)

Dr Iain Nicolson (Processes) 0407447250 Dr Kevin Cameron OAM (Music)
kevincameron560@gmail.com Christine Morris OAM (Property) 0438595056

Chapter St Paul's reps:

Nancy Schmack, Steph Broughton, Kathy Jackiw, Kylie Mannix, Maria Iuliano
St Alban Kilmany rep Merryn Stevenson **St Anne Golden Beach rep** Val Kilner

Synod Reps: Jan & Michael Down **Mission Rep:** Jan Down

Music: Dean Keren **Sacristan:** Jan Blake **Catering:** Nancy Schmack

Flowers: Julie Mielke/Lyn Ruff **Craft group:** Jenny Wilson

Opening church / lunches: Kathy Jackiw

Rosters, Hall hire, Book Fair, Emergency food Sunday Bulletin

Web, Facebook: Christine Morris OAM 0438 595 056 cmorris@wideband.net.au

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Affirmations for Pentecost 2026:
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God loves me. God loves the people of this parish.

God loves our community. God is with us; Jesus prays for me, for St Paul's, for our world;

the Spirit prays in us with sighs too deep for words.
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We are held in the love of the Trinity. God goes before us. God give us eyes to see and hearts to respond to where you are already at work in our world.

Prayers for healing

God of grace and comfort
enfold N with your mercy.

Strengthen *him* with the shield of faith,
and enable *him* to accept what is to come;
heal *him* and bear *his* pain,
keep *him* in peace, and fix *his* heart on you;
through Jesus Christ our Saviour. **Amen.**

Lord Jesus Christ,
Son of the living and life-giving God,
you vanquished the powers of evil
and healed those who were sick;
send your Holy Spirit on our *sister* N,
restore *her* to health
and confirm *her* trust in you,
through your all-powerful name. **Amen.**

Almighty God, giver of life and health,
hear our prayers for N,
that by your blessing on *him* and those who minister to *him*,
he may be restored to health of body and mind
according to your will,
and in the presence of your people give thanks to you;
through Jesus Christ our Lord. **Amen.**

Lord and heavenly Father,
you strengthen those who suffer in body, mind and spirit;
lay your healing hands on N,
that *she* may be restored to health,
and show *her* thankfulness with us
and be set free to serve you;
through Jesus Christ our Lord. **Amen.**

The poor and neglected

God of mercy and pity,
remember the homeless, the destitute, the sick, the aged,
and all who have none to care for them.
Heal those who are broken in body or spirit,
and turn their sorrow into joy.
Help us to minister to their needs,
for the love of your Son,
who for our sake became poor,
Jesus Christ our Lord. **Amen.**