



St Paul's Cathedral, Sale / Wayput

St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport

We acknowledge the Gunaikurnai people as the original custodians of this region.

All churches of the parish stand on the lands of the Gunaikurnai people.

Dean: The Very Reverend Keren Terpstra 0438 220 878

KerenT@gippslandanglicans.org.au

Cathedral Office: 149 Cunninghame Street P.O. Box 691 Sale Vic 3850

Phone: 5144 2020 **email:** stpaulssale@wideband.net.au

Website: stpaulssale.org.au **Facebook:** www.facebook.com/StPaulsCathedralSale

YouTube: St Paul's Cathedral Sale

Cathedral Parish Vision: *To lead the Cathedral*

Parish in being God's beating heart for our communities.

2nd August 2026

Pentecost 10

Sentence from Scripture

The Lord is near to all who call on him in truth. He fulfils the desire of all that fear him, hears their cry, and saves them. *Psalm 145.18-19*

Prayer of the Day

O God, giver of life and health,
whose Son Jesus Christ has called us
to hunger and thirst for justice:
refresh us with your grace,
that we may not be weary in well-doing,
for the sake of him who meets all our needs,
Jesus Christ our Saviour;
who lives and reigns with you
and the Holy Spirit, one God,
now and for ever.

Amen

Year of Prayer 2026

Lord, teach us to pray.
Teach us to listen to your voice
and to hear your word.
Teach us to offer our hearts to
you in love and to know your
love. Teach us to forgive and be
forgiven. Teach us to give our
lives in your service and to do
your will. Teach us to pray, and
pray in us, Lord Jesus. Amen.

Holy Communion Services at St Paul's:

Sundays - 8.00am and 10.00am Wednesdays - 10.00am in the Lady Chapel

Sunday Evenings 3rd Sunday of the month @ 5pm **Contemplative Service**

Morning Prayer 9am on Fridays

Outcentre Services:

St Anne's Golden Beach 10.30am 1st Sunday & 3rd Sunday of the month

St Alban's Kilmany 2.00pm 3rd Sunday of the month (Not in December or January)

St Mark's Loch Sport *No Services*

Zoom Links: Evening Prayer: Daily at 5.30pm - 6.00pm

Meeting ID: 879 3927 8803 Passcode: Prayer

Meditation:

Weekdays: silent Christian Meditation, 8.15am-8.45am

Meeting ID: 809 497 711 Passcode: 600361

Associate Priest/Hospital Chaplain: Rev'd Heather Toms 0400 512 217

mhtoms@westnet.com.au

Honorary Deacon Rev'd Kate Campbell 0402514829 khcampbell55@gmail.com

Our parish is committed to ensuring our centres of worship and outreach are safe places for all, especially children and vulnerable people.

We have a duty of care to protect all who participate in the life of the church from abuse. We have zero tolerance for abuse of any kind.

If you are concerned about your own or somebody else's safety, or have witnessed behaviour that makes you feel uncomfortable you can contact the Deputy Director of Professional Standards in the Gippsland Diocese, Julie Reilly Mobile: 0456 572 589 Email: julie@kooyoora.org.au You may also like to talk to the Dean or the Lay Canons, or if this is a really serious matter, go directly to the police, and then to the above.

Cathedral Prayer Chain Requests

Please contact Trish Broadbear 0418 104 840

The prayer chain is for anyone in need of prayer

A Reading from the Book of Genesis

The same night he got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. Jacob was left alone; and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. Then he said, "Let me go, for the day is breaking." But Jacob said, "I will not let you go, unless you bless me." So he said to him, "What is your name?" And he said, "Jacob." Then the man said, "You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed." Then Jacob asked him, "Please tell me your name." But he said, "Why is it that you ask my name?" And there he blessed him. So Jacob called the place Peniel, saying, "For I have seen God face to face, and yet my life is preserved." The sun rose upon him as he passed Penuel, limping because of his hip. *Genesis 32:22-31*
Hear the word of the Lord. **Thanks be to God.**

Psalm 17.1-7, 16

Hear my just cause, O Lord, give heed to my cry:

listen to my prayer, that comes from no lying lips.

Let judgement for me come forth from your presence:

and let your eyes discern the right.

Though you search my heart,

and visit me in the night-time:

though you try me by fire,

you will find no wickedness in me.

My mouth does not transgress, like the mouth of others:

for I have kept the word of your lips.

My steps have held firm in the way of your commands:

and my feet have not stumbled from your paths.

I call upon you, O God, for you will surely answer:

incline your ear to me, and hear my words.

Show me the wonders of your steadfast love,

O saviour of those who come to you for refuge:

who by your right hand deliver them

from those that rise up against them.

And I also shall see your face, because my cause is just:

when I awake and see you as you are, I shall be satisfied.

A Reading from a Letter to The Romans

I am speaking the truth in Christ—I am not lying; my conscience confirms it by the Holy Spirit— I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed for ever. Amen. It is not as though the word of God had failed. For not all Israelites truly belong to Israel, and not all of Abraham's children are his true descendants; but 'It is through Isaac that descendants shall be named after you.' This means that it is not the children of the flesh who are the children of God, but the children of the promise are counted as descendants.

Romans 9.1-8

Hear the word of the Lord. **Thanks be to God.**

The Gospel of our Lord Jesus Christ according to Matthew

Glory to you Lord Jesus Christ.

Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, 'This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.' Jesus said to them, 'They need not go away; you give them something to eat.' They replied, 'We have nothing here but five loaves and two fish.' And he said, 'Bring them here to me.' Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full.

And those who ate were about five thousand men, besides women and children.

Matthew 14.13-21

For the Gospel of the Lord. **Praise to you Lord Jesus Christ**

Reflection

In today's first reading Jacob wrestles with an unknown assailant throughout the dark night. He's just fled from his uncle Laban, who more or less indentured him for 14 years, and he's heading back into territory controlled by his twin brother Esau, whom Jacob earlier diddled out of his inheritance and blessing from their father Isaac. Jacob faces such great uncertainty that he divides his company in two, and sends them on ahead of him. And then in the dark of night, as he lies sleeping fitfully, someone comes and engages in struggle with him until the dawn breaks, and the stranger reveals themselves as one who cannot be named. Jacob understands his opponent to have been God himself, for he gives a special name to the place: Peniel. And he himself receives a blessing and a name that echoes through the ages to today: Israel, often rendered as "God contends," "He struggles with God," or "God prevails."

I like this story and I'm so glad it's in the scriptures, because not only is it an origin story (the giving of a name), but says something profound about the nature of walking with God. Jacob's character is caught up in wrestle his whole life, from the moment he and his brother tussled in Rebekah's womb, right up until this point where he walks away with a permanent reminder of his contrariness: a limp.

This story tells me that it's not only ok to wrestle with God, with what following Jesus means in our lives, but in fact it's an expected part of faith: faith and doubt exist in a dialectic, a conversation, and the opposite of faith is not doubt but indifference. We wrestle with God through the challenges and changes of life, knowing God is with us at every turn.

Hopefully, though we may walk away with a limp, we also walk away from each challenge knowing God's blessing and sustenance and that God will give us everything we need for the journey ahead.

Dean's Desk

A HUGE thank you for the way our cathedral community welcomed the Deans from around Australia last weekend. Thank you to Nancy and the catering team for some excellent morning teas (especially the GF scones, Steph!). And to the Rev'd Heather who created an incredible centre piece for our gathering space in the foyer. And to Kevin, who booked the restaurants we ate at. And to our friends in the registry office: Rae, Joe, Wendy, Jules, and Dave who all had a part to play in the organisation. And to our wonderful bishop Richard who graciously hosted us at Bishops court, and supported the Conference in so many ways.

And I was so thankful for the way we held space for the families and students and staff from Gippsland Grammar who joined us to celebrate St Anne's Day last Sunday in the middle of the Deans' Conference. Thank you again to our faithful caterers who put on a lovely spread to feed the hungry hoards.

Today at 2:30pm we are hosting a special celebration of the ministry of the Rev'd Thelma Langshaw. Do come along to support Thelma, who, among many other ministries, ministered in our cathedral parish for many years, taking services at Kilmany, and assisting with leading the Wednesday service. We are thankful for the witness of her ministry and life in our midst.

A couple of weeks ago when I was in Melbourne, I visited and took communion to Selvam Chelliah, a much-loved member of our congregation, who is living in Kew with her daughter. Selvam wanted me to communicate to you: "Jesus loves you. Jesus loves all the people in the church. I watch the 10am service online and bless all the people in the church. Jesus gives me everything I need." Jesus loves you too, Selvam, and we love and miss you and pray for you.

Please continue to pray for the Rev'd Kate as she recovers from surgery.

Christine and others have worked hard this last week, in spite of the cold, to rework the space in front of the Chapter House. The pencil pines and one of the jacarandas whose roots were creating a trip hazard, along with a good number of the roses have been removed. Eventually we hope to put a labyrinth in that area; for now we'll return it to lawn.

This week we are hoping to finally have works at the back of the church. The floor, which has been sinking thanks to a shifting of the supports, is being fixed. Please be careful as you move around the church.

Next Sunday I will be disappearing after the 8am service to head to Melbourne for General Synod. Please pray for diocesan representatives from around Australia who will be travelling to be there for a (solid!! 😊) week. Pray for our diocesan reps: +Richard, me, Archdeacon John Webster, Mrs Marion Dewar, and Ms Rae Riley. There's a lot to get through, legislation to amend, though from what I understand, thankfully nothing too controversial.

Keren

Barnabas Aid visit You are invited to morning prayer on Friday 7/08/2026 in the community room at 9am followed by morning tea. We will be joined by Anthony who is the state director of Barnabas Aid, which ministers to persecuted Christians throughout the world. If 9am is too early, just come at 10am for morning tea!

Anthony will share a brief update on the current work of Barnabas Aid, discuss the challenges facing our persecuted brothers and sisters globally, and explore ways in which we might strengthen our fellowship and partnership in ministry for the advancement of God's Kingdom.

If you need help with completing the **safe ministry online training**, there are people who can help. Please ask the Dean or Kylie Mannix

Coming up:

(At Uniting Church, 13th August 3pm, Living Hope Choir Concert)

Sunday 5pm 23 August **Season of Creation Launch at the Anglican Schools**

Evensong- We'll be hosting the Anglican Schools Evensong, with representatives from Gippsland Grammar and St Paul's Anglican Grammar assisting in leading our worship. The service will also mark the beginning of the Season of Creation, and the speaker will be Jo Knight.

Sunday 2pm 30th August Grand Piano Concert with Dr Zachary Dunbar.

Sunday afternoon 4 October: St Paul's **Cathedral Musicians Concert**

Saturday 21 November **Hymnfest** with the Sale City Band –

Blessing of backpacks and briefcases on Sunday 31st January next year

Morning Tea 11th August. Main St Merchants

Craft Group is whatever people who come want it to be. 10am Thursdays. Come for a cuppa and a chat, stitch, knit, crochet, colour. More information Phone Jenny 0457 455 503

August Mission of the Month: Mission of the Month: TEARfund Australia

TEARfund Australia is a Christian agency working for a just and compassionate world. From their website:

We work in partnership to end poverty

Partnership is at the core of how we work: whether it's with locally-based Christian agencies around the world, or Australian Christians seeking to make biblically-shaped responses to poverty and injustice.

Following Jesus, we go where the need is greatest

Our work is an expression of God's love for all people, and we prioritise supporting partners who work alongside people most impacted by poverty and marginalisation.

We courageously tackle injustice, seeking fullness of life for all

We're focused on the root causes of poverty, and committed to long-term transformation. We believe the most effective way to reach this is through community-led development initiatives.

Across Africa, Asia and the Pacific

In partnership with Christian agencies, we enable people to overcome poverty by equipping them to lead their own development initiatives.

We are continuing to support local state **primary schools with breakfast items**

Donations can be left in the breakfast club basket in the foyer.

Food items suitable for donation are milo, muesli bars, pancake mix, jam, fruit cups, sliced cheese and margarine. Contact Kathy J 0400 444 416

10c recycling Bottles and cans can be left at Church to raise money. Plastic lemonade etc larger bottles, even the small juice cardboard ones as well as cans are suitable - Drop them in the small bin with yellow lid in the foyer, or see Christine.

BOOKS CD's and DVD's NEEDED!!!

We are collecting for the next Giant Book Fair, but need help in filling the container with **newer fiction books**. Spread the word!

Internet Bank Transfer: Cathedral's ministry and mission

BSB 013-795 Account no: 4962-98866 Ref: Offering etc.

PARISH CONTACTS

Lay Canons: (*Their Portfolio*)

Dr Iain Nicolson (Processes) 0407447250 Dr Kevin Cameron OAM (Music)
kevincameron560@gmail.com Christine Morris OAM (Property) 0438595056

Chapter St Paul's reps:

Nancy Schmack, Steph Broughton, Kathy Jackiw, Kylie Mannix, Maria Iuliano
St Alban Kilmany rep Merryn Stevenson **St Anne Golden Beach rep** Val Kilner

Synod Reps: Jan & Michael Down **Mission Rep:** TBA

Music: Dean Keren **Sacristan:** Jan Blake **Catering:** Nancy Schmack

Flowers: Julie Mielke/Lyn Ruff **Craft group:** Jenny Wilson

Opening church / lunches: Kathy Jackiw

Rosters, Hall hire, Book Fair, Emergency food Sunday Bulletin

Web, Facebook: Christine Morris OAM 0438 595 056 cmorris@wideband.net.au

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Affirmations for Pentecost 2026:

God loves me. God loves the people of this parish.

God loves our community. God is with us;

Jesus prays for me, for St Paul's, for our world;
the Spirit prays in us with sighs too deep for words.

We are held in the love of the Trinity.

God goes before us.

God give us eyes to see and hearts to respond
to where you are already at work in our world.

The Abbey Winter Feast 2026

Saturday September 12, 2026 12.00pm start

Your Chef – The wonderful Jackie O'Connell

Come and celebrate with other Friends of The Abbey as we enjoy gourmet creations- a 3-course meal, with wine. \$60 per person

All funds raised are for the operation of The Abbey

Phone: The Abbey on (03) 5156 6580 Email: info@theabbey.org.au

 **Piano Concert**
on the theme of "Twilight"
with returning Pianist Dr Zachary Dunbar

Sunday 30th August 2026 2-4pm
St Paul's Cathedral 149 Cunninghame St Sale

Tickets: \$35 Concession \$30 Children FREE
RSVP for catering . Pay cash or card on the day
Tickets includes afternoon tea

<https://events.humanitix.com/piano-concert-or-stpaulssale@wideband.net.au>

 **ASRC** Asylum Seeker Resource Centre

All proceeds in aid of **ASRC** Asylum Seeker Resource Centre

An afternoon of Musical Splendor

**LIFEROAD SINGERS
MISSION CONCERT TOUR**

Living Hope

St. Columba's Uniting Church, Sale
Thursday 13 August 2026
at 3:00pm



131-171 Raymond St, Sale VIC 3850
Tel: (03) 5144 7690
Hosting: Maffra, Sale, and Stratford Uniting Churches

LIFE ROAD 



**Season of Creation Launch
at the Anglican Schools Evensong**

 **23 AUGUST, 2026**
5PM

 **ST PAULS CATHEDRAL, SALE**
AND ONLINE

Speaker: Jo Knight
CEO of Anglican Overseas Aid
and author of Called to Care

Followed by light refreshments

 

For more information:
davidp@gippslandanglicans.org.au



The Sudoku Society service was something new for Derek!

@ANDY ROBB

If you would like a spot of humour, check out **Derek the Cleric** on facebook, or <https://andyrobb.co.uk/derek-the-cleric/>