



St Paul's Cathedral, Sale / Wayput

St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport

*We acknowledge the Gunaikurnai people as the original custodians of this region.
All churches of the parish stand on the lands of the Gunaikurnai people.*

Dean: The Very Reverend Keren Terpstra 0438 220 878

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YouTube: St Paul's Cathedral Sale

Cathedral Parish Vision: *People of Christian faith –
Encouraging connection between the Divine and the everyday.*

**9th March
Lent 1**

Sentence of Scripture

Worship the Lord your God, and serve only him. *Luke 4.8*

Prayer of the day

O saving God,
who led your people through the wilderness
and brought them to the promised land:
so guide us that, following our Saviour,
we may walk through the wilderness of this
world and be brought to the glory of the world
which is to come;
through your Son, Jesus Christ our Lord,
who lives and reigns with you and the Holy
Spirit, one God, now and for ever.

Amen

Hope 25

God of hope,
you fill those who trust in you
with peace and joy:
give us the gift of your Spirit
so that we may overflow
with the hope we have in Jesus,
shine with his presence,
and share the good news with
others. Amen

Holy Communion Services at St Paul's:

Sundays - 8.00am and 10.00am **Wednesdays - 10.00am** in the Lady Chapel

Sunday Evenings 3rd Sunday of the month @ 5pm **Contemplative Service**

Morning Prayer 9am on Fridays

Outcentre Services:

St Anne's Golden Beach 10.30am 1st Sunday & 3rd Sunday of the month

St Alban's Kilmany 2.00pm 3rd Sunday of the month (Not in December or January)

St Mark's Loch Sport *Services only at Easter and Christmas*

Zoom Links: Evening Prayer: **Daily at 5.30pm - 6.00pm**

Meeting ID: 879 3927 8803 Passcode: Prayer

Meditation: **Weekdays: silent Christian Meditation, 8.15am-8.45am**

Meeting ID: 809 497 711 Passcode: 600361

Associate Priest/Hospital Chaplain: Rev'd Heather Toms 0400 512 217

mhtoms@westnet.com.au

Honorary Deacon Rev'd Kate Campbell 0402514829 khcampbell55@gmail.com

Our parish is committed to ensuring our centres of worship and outreach are safe places for all, especially children and vulnerable people.

We have a duty of care to protect all who participate in the life of the church from abuse. We have zero tolerance for abuse of any kind.

If you are concerned about your own or somebody else's safety, or have witnessed behaviour that makes you feel uncomfortable you can contact the Deputy Director of Professional Standards in the Gippsland Diocese, Julie Reilly Mobile: 0456 572 589 Email: julie@kooyoora.org.au You may also like to talk to the Dean or the Lay Canons, or if this is a really serious matter, go directly to the police, and then to the above.

Cathedral Prayer Chain Requests

Please contact Trish Broadbear 0418 104 840

The prayer chain is for anyone in need of prayer

Please pray for our supported student Moses Baiduduga at Newton College PNG.

A Reading from the Book of Deuteronomy

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, 'Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us.' When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: 'A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me.' You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house. *Deuteronomy 26.1-11*

Hear the word of the Lord. **Thanks be to God.**

Psalm 91.1-2, 9-16

Those who dwell in the shelter of the Most High:

who abide under the shadow of the Almighty,

They will say to the Lord

‘You are my refuge and my stronghold:

my God in whom I trust.’

The Lord himself is your refuge:

you have made the Most High your stronghold.

Therefore no harm will befall you:

nor will any scourge come near your tent.

For he will command his angels:

to keep you in all your ways.

They will bear you up in their hands:

lest you dash your foot against a stone.

You will tread on the lion and the adder:

the young lion and the serpent

you will trample under foot.

‘You have set your love upon me,’ says the Lord,

‘and therefore I will deliver you:

I will lift you out of danger,

because you have known my name.

‘When you call upon me I will answer you:

I will be with you in trouble,

I will rescue you and bring you to honour.

‘With long life I will satisfy you:

and fill you with my salvation.’

A Reading from the Letter to the Romans

For Christ is the end of the law so that there may be righteousness for everyone who believes.

Moses writes concerning the righteousness that comes from the law, that ‘the person who does these things will live by them.’

But the righteousness that comes from faith says, ‘Do not say in your heart, “Who will ascend into heaven?” ’ (that is, to bring Christ down)

‘or “Who will descend into the abyss?” ’ (that is, to bring Christ up from the dead).

But what does it say?

‘The word is near you,

on your lips and in your heart’(that is, the word of faith that we proclaim);

because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved.

For one believes with the heart and so is justified, and one confesses with the mouth and so is saved.

The scripture says, ‘No one who believes in him will be put to shame.’

For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him.

For, 'Everyone who calls on the name of the Lord shall be saved.' *Romans 10.4-13*
Hear the word of the Lord. **Thanks be to God.**

The Gospel of our Lord Jesus Christ according to Luke

Glory to you Lord Jesus Christ.

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished.

The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.'

Jesus answered him, 'It is written, "One does not live by bread alone." '

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, 'To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please.

If you, then, will worship me, it will all be yours.'

Jesus answered him, 'It is written,

"Worship the Lord your God, and serve only him." '

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down from here, for it is written,

"He will command his angels concerning you, to protect you", and "On their hands they will bear you up, so that you will not dash your foot against a stone." '

Jesus answered him, 'It is said, "Do not put the Lord your God to the test." '

When the devil had finished every test, he departed from him until an opportune time.

Then Jesus, filled with the power of the Spirit, returned to Galilee, and a report about him spread through all the surrounding country.

He began to teach in their synagogues and was praised by everyone. *Luke 4.1-15*

For the Gospel of the Lord. **Praise to you Lord Jesus Christ**

Reflection



Today we see that at the outset of his ministry Jesus retreated to the desert to pray. But he was tempted by the devil, who offered things that appeared to be substantial but that were in fact hollow. Jesus did not let temptation derail him from taking the right path, and in that way he has become a model for us: though tempted and tested, we too can avoid temptation, even when it comes wrapped up in quotations from Scripture.

- Pray for all those who find themselves in positions where they are being spiritually abused, and for those who are perpetrators of spiritual abuse.
- Give thanks for the work and witness of the Anglican Church of Korea

Text: Robert McLean © Anglican Board of Mission, 2025

Dean's Desk

It's been a huge week!

Thank you to those who cooked pancakes for Shrove Tuesday, and to the 23 or so folk who came to burn our palm crosses to turn to the ashes for Ash Wednesday! Ash Wednesday services were solemn and well-attended - an excellent start to Lent.

I wonder whether everyone now has a copy of the Lenten Study book, Hope25, which has been compiled by the national bishops? If you don't, make sure you reach out for one today, as the reflections are well-written and well worthwhile. After some discernment, we've decided not to gather for Lenten studies this year. Instead we want to encourage everyone to use the reflections in the Hope25 booklet, and there will be an opportunity to gather for lunch at the end of March to talk about what God's been doing in us as we've worked our way through the booklet.

Please pray for Heather, who is having back surgery on Tuesday. Heather, our thoughts and heart-felt prayers are with you, praying for success and a swift recovery.

On Friday night we had our first Alpha session. If everyone who registered came all at once we'd have more than 20 people who are seeking to learn more about the hope Jesus brings! We had an excellent salad and chicken dinner before watching "Who is Jesus?" and having an opportunity to talk about how we'd each answer that question. Thank you Jenny and David for your help in the kitchen. I'm really excited about what fruit Alpha will bring; please continue to pray for all those who are participating.

On Saturday we held the Kilmany Annual Meeting in the deanery, a time of good fellowship, sharing of stories, and planning for the year ahead. Thank you Kathy for your help with catering!

For several years Kate Campbell has generously, faithfully and meticulously made sure that the accounts are paid. Kate is stepping back from this, so that she can focus on her other ministries. Thank you so very much, Kate, for the dedication you've shown in this time, often under some pressure. We are still working out what happens with account payments; until we can sort that out, please submit any receipts for payment to me or Kaye, or put them in the tray in the office.

Lastly, I'm going to be on leave from 12th March to the 18th March just to catch a breath (and deal with a cat with a very sore eye). In that week, please contact Kate or Kaye for any urgent ministry needs.

Keren

Congratulations to Billy who is being baptised today at 11.30am.

All who volunteer in the parish need to attend a safe Church workshop every 3 years.

Please attend on Saturday 5 April 2025 in Delbridge Hall Saturday 5 April 9.30am to 12.00pm if you have not attended one in person, or on line in 2023 or 2024. Online registration is essential: <https://www.trybooking.com/CZTUB> (ask someone to book you in if you can't)
Registrations close Wednesday 1 April 2025 at 5pm

Wanderers: Cuppa and Chat at Shirleys Thursday 13th 10am
Lunch: RSL noon Friday 21st.

Mission of the Month: ABM Lent / Good Friday envelopes out this week, as well as new regular offering envelopes.

Building Peace

The Anglican Church in Zambia is passionate about ending gender-based violence and working towards women's equality in that country. The church works with local communities, especially in rural areas, to form Gender Committees and Gender Action Groups which are trained to prevent and respond effectively to gender-based violence when it occurs in their villages. Both men and women are members of the groups.

"We are motivated by the desire for peace within our community," said Stephen, a village teacher. "We have also formed Neighbourhood Watch, and we know to call the police where a crime has been committed. There is now peace in some homes where women were being beaten up by their husbands. There is also a need to teach young children about good practices".

"The village headmen are very invested in this program. Many members of the community are involved, including reporting incidents."

A local Baptist pastor, who has joined both his village men's group and the Gender Action Group, said, "What inspired me to join was the love and cooperation that the group displayed. Now the churches in Kalwani are doing different things together in love and cooperation."

Their work is paying off, as families and whole villages find the peace that had eluded them for so long.

Internet Bank Transfer: Cathedral's ministry and mission
BSB 013-795 Account no: 4962-98866 Ref: Offering etc.

Sunday Bulletin / Web/ Facebook contact:

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International Women's Day

The Anglican Church of Australia acknowledges the honour and dignity of all people and rejects all forms of violence against women.

We give thanks for all women of faith, whose lives are an example to us all.

We give thanks for all the women of this world, who are diverse, gifted, and indispensable image-bearers of God, and who are equally called to glorify God, to joy, and to work for the flourishing of this world.



4 MAY 2025
Hope & Light

Domestic Violence Sunday: Hope & Light. May 4th, 2025 -

This is a day dedicated to building awareness of domestic and family violence, exploring solutions, and contributing to a national giving initiative to resource the church's work. This is a new national Anglican initiative.

The theme for our inaugural DV Sunday is "Hope and Light" and is an opportunity for us to share the hope of the gospel for those who are impacted by domestic and family violence, and to shine the light of God's righteousness on those who choose violence.

This theme is particularly relevant for parishes engaging in the Hope25 campaign. We read in Luke 4: 14-21 of Christ's proclamation of his good news: that God sees and cares for those impacted by injustice and suffering, and as a church we also want to be those who see and care.

The Anglican church has conducted research into Domestic and Family Violence (DFV) in our church communities and has made a series of Ten Commitments to respond and to prevent DFV in our settings. We need your support to keep implementing these commitments with ongoing and new training programs, leadership initiatives and resources for our parishes and people.

PRESENTED BY CAMAC HARPIS & CARTER HARPIS AUSTRALIA

Heather Downie

Renowned Scottish harpist and composer, celebrated for her dynamic performances and innovative approach to traditional music, inspiring and shaping the next generation of harpists.



Wed 19th March | St John's
 Camberwell CONCERT 7.30-9.30pm
 Fri 21st March | St Paul's Cathedral
 Sale CONCERT 7.30-9.30pm
 Sat 22nd March | Private House
 Haimdale *WORKSHOP 9.45pm
 Sun 23rd March | The Abbey
 Raymond Island CONCERT 9.45pm

*Please Note: Limited Tickets For Workshop So BOOK EARLY!

TICKETS ON SALE FOR ALL EVENTS AT HUMANITYL.COM
 — Debut Solo Studio Album 'No Surrender' (Six Stars) Out Now! —
 MORE INFO HEATHERDOWNIE.CO.UK

SCAN FOR TICKETS

**Tickets \$30, and can be paid for at the door.
 21st March 7.30pm**

Please pray for Alpha

Is there more to life than this?

**Alpha is a safe space to explore life, purpose and the Christian faith,
 ask questions, and share your point of view.**

Alpha is free and everyone is welcome.

Sale and Avon parishes are running this six week course that encourages the asking of questions, the sharing of insights, and the exploration of what it means to follow Jesus.

Sessions will be from 6pm to 8pm, and will include a provided dinner as follows:

Friday March 14th in Stratford: Why did Jesus Die?

Friday March 21st in Stratford: How can I have faith?

Friday March 28th in Sale: Why and how do I Pray?

Friday April 4th in Sale: Why and How should I read the Bible?

Sunday 6th in Sale: What does the Holy Spirit do?

Friday April 11th in Stratford: How can I make the most of the rest of my life?