



St Paul's Cathedral, Sale

St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport

*We acknowledge the Gunaikurnai people as the original custodians of this region.
All churches of the parish stand on the lands of the Gunaikurnai people.*

Dean: The Very Reverend Keren Terpstra 0438 220 878

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YouTube: St Paul's Cathedral Sale

Cathedral Parish Vision: "People of Christian faith – Encouraging connection between the Divine and the everyday." **12th February 2023**
Epiphany 6

Sentence of Scripture

Blessed are those whose way is blameless, who walk in the law of the Lord.

Psalm 119.1

The Prayer of the day

Almighty God,

you gave the law to guide our lives:

grant that we may never shrink from your commandments,

but, as we are taught by your Spirit,

may fulfil your law in perfect love;

through Christ our Lord and Master,

who lives and reigns with you and the Holy Spirit,

one God now and for ever.

Amen.

Holy Communion Services at St Paul's:

Sundays - 8.00am and 10.00am

Wednesdays - 10.00am in the Lady Chapel

Meditation in person: 4.15pm Mondays except in January

Outcentre Services:

St Anne's Golden Beach 10.30am 1st Sunday 2.00pm 3rd Sunday of the month

St Alban's Kilmany 2.00pm 3rd Sunday of the month

St Mark's Loch Sport 10.30am 4th Sunday of the month

Zoom Links: Evening Prayer: Daily at 5.30pm - 6.00pm

Meeting ID: 879 3927 8803 Passcode: Prayer

Meditation: Weekdays: silent Christian Meditation, 8.15am-8.45am

Meeting ID: 809 497 711 Passcode: 600361

Meditation on Mondays at 4.15pm in the cathedral

Associate Priest/Hospital Chaplain: Rev'd Heather Toms 0400 512 217
mhtoms@westnet.com.au

Associate Priest: Rev'd Lyn Williams 0476 285 697 redlandsoasis@protonmail.com

Honorary Deacon Rev'd Kate Campbell 0402514829 khcampbell55@gmail.com

Honorary Canon, Rev'd Canon David Head davidrhead51@gmail.com 0412 273 678

Honorary Associate Priest: Rev'd Dr Tim Gaden 0488 110 415

Tim.Gaden@gippslandgs.vic.edu.au

Cathedral Organist: Anthony Hahn 0437 569 608

Cathedral Prayer Chain Requests

Please contact Trish Broadbear 0418 104 840

The prayer chain is for anyone in need of prayer

Please pray for our supported student Hemirose Igo at Newton College PNG.

A Reading from the book of Deuteronomy

So now, O Israel, what does the Lord your God require of you? Only to fear the Lord your God, to walk in all his ways, to love him, to serve the Lord your God with all your heart and with all your soul, and to keep the commandments of the Lord your God and his decrees that I am commanding you today, for your own well-being. Although heaven and the heaven of heavens belong to the Lord your God, the earth with all that is in it, yet the Lord set his heart in love on your ancestors alone and chose you, their descendants after them, out of all the peoples, as it is today. Circumcise, then, the foreskin of your heart, and do not be stubborn any longer. For the Lord your God is God of gods and Lord of lords, the great God, mighty and awesome, who is not partial and takes no bribe, who executes justice for the orphan and the widow, and who loves the strangers, providing them with food and clothing. You shall also love the stranger, for you were strangers in the land of Egypt. You shall fear the Lord your God; him alone you shall worship; to him you shall hold fast, and by his name you shall swear. He is your praise; he is your God, who has done for you these great and awesome things that your own eyes have seen. Your ancestors went down to Egypt seventy persons; and now the Lord your God has made you as numerous as the stars in heaven.

Deuteronomy 10.12-22

Hear the word of the Lord. **Thanks be to God.**

Psalm 119.1-8

Blessed are those whose way is blameless:

who walk in the law of the Lord.

Blessed are those who keep his commands:

and seek him with their whole heart;

Those who do no wrong:

but walk in the ways of our God.

For you, Lord, have commanded us:

to persevere in all your precepts.

If only my ways were unerring:

towards the keeping of your statutes!

Then I should not be ashamed:

when I looked on all your commandments.

I will praise you with sincerity of heart:

as I learn your righteous judgements.

I will keep your statutes:

O forsake me not utterly.

A Reading from The First Letter to the Corinthians

And so, brothers and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, for you are still of the flesh. For as long as there is jealousy and quarrelling among you, are you not of the flesh, and behaving according to human inclinations? For when one says, 'I belong to Paul', and another, 'I belong to Apollos', are you not merely human? What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. I planted, Apollos watered, but God gave the growth. So neither the one who plants nor the one who waters is anything, but only God who gives the growth. The one who plants and the one who waters have a common purpose, and each will receive wages according to the labour of each. For we are God's servants, working together; you are God's field, God's building.

1 Corinthians 3.1-9

Hear the word of the Lord. **Thanks be to God.**

The Gospel of our Lord Jesus Christ according to Matthew

Glory to you Lord Jesus Christ.

'You have heard that it was said to those of ancient times, "You shall not murder"; and "whoever murders shall be liable to judgement." But I say to you that if you are angry with a brother or sister, you will be liable to judgement; and if you insult a brother or sister, you will be liable to the council; and if you say, "You fool", you will be liable to the hell of fire. So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the guard, and you will be thrown into prison. Truly I tell you, you will never get out until you have paid the last penny. 'You have heard that it was said, "You shall not commit adultery."

Matthew 5.21-27

For the Gospel of the Lord. **Praise to you Lord Jesus Christ**

Dean's Reflection

Paul's First letter to the Corinthians addresses chronic church division. Here he points out some of the effects of that division: he effectively calls the Corinthians "babies", "babes in Christ", in spite of their years in the church community. This failure to mature (or to show mature behaviour) is connected with their petty rivalries and jealousies – magnified by the way they apparently set Apollos and Paul in opposite camps, and divided into tribes supporting their particular faith hero. We don't know whether there was any actual conflict between Paul and Apollo, another preacher, although Paul's comments throughout 1 Corinthians suggest that rather than opposing each other, the difference was more in the style of their engagement with the Corinthians; Apollos was eloquent while Paul was not.

In fact, Paul says ministry is all of one piece: he planted the seeds, Apollos watered them, and God gave the growth. It's not about who does what, he says. Rather, it's all about God's glory. Neither he nor Apollos did what they did for themselves, but rather for the building up of God's realm among the Corinthian Christians. In this, Paul is modelling the importance of diversity in the exercise of spiritual gifts, and the way they work together.

He's urging the Corinthians to be "of the Spirit" rather than "of the flesh". This is not to denigrate literal flesh (bodies, materiality), but rather commenting on the behaviours which run counter to the heart of God's Spirit. The Corinthians through their jealousies and infighting are not following the way of the Spirit – which is cooperation, mutual love, working together in faith towards a common goal (hope).

While we do try to love one another, we have a way to go on the journey of leaving behind the "ways of the flesh" – those sorts of things characterised here in the cathedral parish by complaining about things, holding a grudge against someone who unintentionally slighted us, falling into camps for and against various directions. We're invited to step into the Spirit's way of maturity – to behave in a way that honours those who work hard in our midst, to celebrate our differences (even if that's not always comfortable), to walk the path of releasing, reconciliation, and forgiveness, to share our gifts collaboratively. May we strive always to be the Body of Christ that we are, working together to bring glory to God first and foremost.

Your Dean, Keren

Lent is almost upon us!

On Tuesday 21st we'll be having a **Shrove Tuesday pancake feast** at 6:30pm, followed by a short liturgy for burning the palm crosses for Ash Wednesday.

On Wednesday 22nd, **Ash Wednesday**, there will be two services at 10am and 7pm in the Cathedral, which will include the imposition of ashes.

Throughout Lent we'll be running **Lenten studies** using resources Tim Gaden, Chaplain at Gippsland Grammar and an Honorary Associate at the Cathedral, has written. More information next week about times/dates for these sessions - most likely there will be one or two face to face and one offered via zoom in the evening.

Please **bring your palm crosses from previous years** and place them in the offertory bag or hand them to Keren or one of the sacristans, so that they can be part of the liturgy on Shrove Tuesday, that which we have carried faithfully throughout the year becoming the ashes for this year, from which the new life of Easter will emerge.

Rev. Lyn Williams and Kaye Harrington will be running another training for **Welcomers and Sidespersons** at 11am on 18th February.

Please pray for **Rev. Sue Newcombe who was ordained as a Deacon** yesterday. Huge thanks to all those who helped in any way, especially those who catered.

The first meeting for this year's **Chapter ran over into a second meeting** this Thursday 7:00pm. Please pray for our Chapter members.

Following on from our first two educational webinars in 2022, we are pleased to invite you *Webinar #3: **Securing Food in A Changing Climate, Wednesday 15th Feb, 7-8 PM.*** We are looking forward to hearing from Jonathan Cornford, Co-Founder of Manna Gum, a ministry in 'good news economics'. Take a look at [Enough for all | Manna Gum](#) Jonathan will overview our whole food system and highlight the factors that impact how food is made available. The politics of the food system will be discussed and what the practical implications are for people in Australia. Jonathan will join in a Q&A/discussion with webinar attendees. Relax with a cuppa or a glass-of-something, and join us from the comfort of your own home. For more details, to **register** or to download the poster, please visit [Securing Food in a Changing Climate | Gippsland Anglicans](#)

Did you know that St. Paul's has a Prayer Chain?

That is, a group of men and women who intercede daily for the needs of those who have submitted a request.

The power of prayer is so strong because we know God listens.

It works like this :

You have a need, a worry, or concern about a loved one or something that requires the Lord to handle it. You call me and I start the Prayer Chain by contacting a few faithful people who in turn contact other faith believers.

The chain grows and each person is committed to pray daily for these concerns.

There is no discussion and loved ones may be identified by a single letter only. It is all confidential and where appropriate, the person being prayed for should be asked first. If you feel called to pray for others, or have someone who needs prayers, please speak to Dean Keren or me, and be confident in the One who watches over us all. Trish 0418 104 840

Anglican Hospital Chaplaincy – Central Gippsland Hospital Sale

If you would like to have the Hospital Chaplain visit you, a family member or a friend please contact the Revd Heather Toms, Hospital Chaplain on 0400 512 217’.

The (10am) service each week is live streamed. (Search *St Paul’s Cathedral Sale when in* YouTube)

<https://www.youtube.com/channel/UCrLG94vHT28kEG4Ghd80PhQ/videos?view=57>

Internet Bank Transfer: Cathedral’s ministry and mission and SOLAR

BSB 013-795 Account no: 4962-98866 Ref: Offering etc.

Internet Bank Transfer: St Paul’s Building Fund (‘Fill the gap’)

BSB 705 077 Acc no: 000 409 69 NO reference needed

Sunday Bulletin / Web/Facebook contact:

Christine Morris OAM 0438 595 056 cmorris@wideband.net.au

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Lenten Pilgrimage The Abbey Raymond Island Monday 20 – Friday 24 March 2023

Walking the land – listening to Spirit – reflecting together

BOOKINGS ARE OPEN ... You are invited!

Come away ...

- leave behind the everyday ‘clutter’ and make your Lenten Pilgrimage at The Abbey on Raymond Island
- with Dr Cath Connelly and Russell Smith to guide and others with whom you will share the journey
- times for reflection, contemplation, and moments of silence
- time to appreciate creation - the land, the lake, the sea and sky: our growing awareness that the environment is to us friend and partner on the journey
- together as one - blessed by the God of all creation.

Speaking from experience ... Rev Cathy Turbull reflects:

"I participated in last year's Lenten Pilgrimage and found it a great time of quiet reflection and shared experience as we were ably led by our pilgrimage leaders. The interaction with nature on our pilgrimage walks across the Island was a great way to reflect on the diversity and beauty of God's creation from the bush to the expanses of water and we were given prompts by our guides on spiritually reflecting on how we can connect with God as we connect with the natural world around us. Each day ended with an opportunity to reflect on the value of pilgrimage and how we can grow in ourselves through the process. I highly recommend this Lenten pilgrimage." Rev Cathy Turnbull, Deacon-in-charge Parochial District of Nar Nar Goon.

More information:

The Abbey Raymond Island: Email - info@theabbey.org.au Phone – The Abbey (03) 51566580 *****Anna will be on leave from 13 February – 24 February, so please contact Edie 0423 400 359: Email- edieashley@bigpond.com**

Dear Friends and Supporters of The Abbey Raymond Island



Let me introduce you to **The Abbey Chapel of St Barnabas**, standing tall waiting for its long-time needed coat of paint.



Colours have been chosen and the painters will be

here soon! From Bundalaguah in the parish of Maffra, some 30 years ago - what a gift this 110 year old chapel has been to The Abbey and to those who pray and worship here! We are so grateful that we are able to give The Chapel its new coat of paint ... retaining red for the doors of course!

Painting of The Abbey Chapel will commence in the first week of March 2023

Sitting beside the Chapel, 'crying out for its coat of paint', is our much loved and used older Abbey building, originally known as 'The Bunk House' and more recently as **Illawarra**. It was built in the early 1960's with concrete bricks made, on site, by boys camping on Raymond Island as part of The Diocesan Youth Program. I remember Bishop John McIntyre telling stories of the 'Bunk House' when, as a school student, he was brought down to camp on Raymond Island. It was straw filled palliases. Just one big room – and the kitchen in Illawarra was a much later addition! The 'Illawarra Renovation Project' has seen some key improvements and the external painting will be the 'Last Update Job' for this project.

In tribute to Peter Down and Brian Turner we would also like to be able to paint the external walls of Illawarra at this time.

As many of you are aware I will be resigning from the role of Abbey Priest after Easter this year. I would love for us to be able to complete the 'Illawarra Renovation' in honour of Peter and Brian. If you would like to contribute that would be so wonderful! The details for contribution are below.

Contributions are Tax Deductible

Direct Deposit: Anglican Earthcare Gippsland ANZ Bank, BSB 013795, Acct # 2060 78399.

please use surname and the letter IPP as reference when making a direct deposit

For Tax Receipt, information or contribution: email Anna Esdaile,
info@theabbey.org.au; phone 03 51566580

**Chapter has decided to give \$500 to this,
you can also put a marked envelope in the offering bag.**

All raffle prizes were received with surprise ("I never win anything!") and the hat fitted perfectly on the 1st prize man who had actually been looking for an Akubra!
Many thanks to Olive for most of the prizes.